# Important information for Parents and students returning to school on Monday 12<sup>th</sup> April 2021

### Parents of students returning to

school must complete the "Consent form"
section on the school app before their
son/daughter returns to school on Monday
12<sup>th</sup> April 2021.



Short videos for parents presented by public health doctors will be circulated to reaffirm the importance of keeping COVID-19 out of education facilities by keeping symptomatic students at home.

Parents should err on the side of caution in this respect and follow the school's sickness policy. Please do not sent your son or daughter to school if they are feeling unwell.

Parents and students please note that there should be no congregation outside schools during this opening phase or at any stage.

Parents please note that requests to engage with staff should be made through the school and will be provided by telephone or online.

#### **Infection Prevention Control Measures**

To prevent Introduction and Spread of COVID-19 in Schools

- Students should self-isolate or restrict their movements at home if they display any signs or symptoms of COVID-19 and contact their family doctor to arrange a test
- Students should not to return to or attend school in the event of the following:

- ➢ if they are identified by the HSE as a close contact of a confirmed case of COVID-19
- if they live with someone who has symptoms of the virus
- ➤ If they have travelled outside of Ireland; in such instances students are advised to consult and follow latest Government advice in relation to foreign travel.

Students should cooperate with any public health officials and the school for contact tracing purposes and follow any public health advice in the event of a case or outbreak in the school:

#### **Hand Hygiene**

- There is a requirement for access to hand washing facilities after activities that are likely to soil hands, for example playing outside or certain sporting activities as hand sanitiser does not work on dirty hands
- Hand sanitiser should be used when entering and exiting all school buildings and classrooms.

## **Physical Distancing Ventilation**

The Department has published guidance setting out the practical steps for good ventilation in accordance with public health advice 'Practical Steps for the Deployment of Good Ventilation Practices in Schools' The guidance sets out an overall approach for schools that windows should be open as fully as possible when classrooms are not in use (e.g. during break-times or lunch-times (assuming not in use) and also at the end of each school day) and partially open when classrooms are in use. The guidance provides that good ventilation can be achieved in classrooms without causing discomfort, particularly during cold weather.

# Know the Symptoms of COVID-19

In order to prevent the spread of COVID-19 it is important to know and recognise the symptoms. They are:

✓ High temperature

- ✓ Cough
- ✓ Shortness of breath or breathing difficulties
- ✓ Loss of smell, of taste or distortion of taste

Infection with the virus that causes COVID-19 can cause illness, ranging from mild to severe, and, in some cases, can be fatal. It can take up to 14 days for symptoms to show. They can be similar to symptoms of cold and flu.

Common symptoms of coronavirus include:

- •a fever (high temperature 38 degrees Celsius or above).
- •a new cough this can be any kind of cough, not just dry.
- •shortness of breath or breathing difficulties.
- •loss or change in your sense of smell or taste this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If you have any common symptoms of COVID-19 (coronavirus), <u>self-isolate</u> (stay in your room) and phone your family doctor straight away to see if you need <u>a COVID-19 test</u>. Other people in your household will need to <u>restrict their movements</u> (stay at home).

Getting an early diagnosis means, you can get the help you need and take steps to avoid spreading the virus, if you have it.

For the complete list of symptoms, please refer to the HSE Website.